

## MEDIA RELEASE

### CLUB MYKONOS SUPPORTS BOLAND RUGBY TRAINING CAMP

Learners at West Coast local primary schools recently benefited from the Regent Boland Cavaliers Rugby team, who hosted rugby clinics at the schools as part of a week-long training held at Club Mykonos in Langebaan, in the Western Cape.

The training camp formed part of Regent Boland Cavaliers' preparations for their campaign in the South African Rugby Union's First Division of the ABSA Currie Cup competition which starts next month. The camp also provided the team an opportunity to promote the development of rugby in the Western Cape, with team members taking part in training, team building exercises and skills development.

"The camp plays an important role in bringing together our players, who come from different parts of the country and from different backgrounds. It's a chance for them to get to know their team mates, while also building their skills," explained Francois Davids, president of the Boland Rugby Union.

"We also found the excellent facilities at Club Mykonos to be of a high standard especially the astroturf and gym facilities which the players, coaches and medical staff highly appreciated. The complex's outdoor adventures also gave us an opportunity to involve the players in team building exercises," added Davids.

The team took some time out to visit local schools and host rugby clinics. The clinics aim to promote the development of rugby in the area, with a focus on schools that lack resources. The team held clinics at Topolino Private School, Langebaan Pre-Primary, and Curro Private School, after school hours over the course of four afternoons.

Their stay has been supported by Club Mykonos who came on board to cover costs for accommodation, food and leisure activities for the team during their camp.

"There is so much undeveloped sporting talent in the area that we decide to cover the cost of getting the team out to provide the younger sporting enthusiasts the opportunity to train with professional players. Our hope is that the youngsters will be inspired to follow their sporting dreams," explained Michelle Goldschmidt, Marketing Manager at Club Mykonos.

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#### About Club Mykonos

Club Mykonos Langebaan is a luxurious, Mediterranean-style holiday resort on the shores of the Langebaan Lagoon on the West Coast. For further information, see the website [www.clubmykonos.co.za](http://www.clubmykonos.co.za)

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